Health in All Policies & Practice

• Established in 2014
• Vision – Healthy Behaviors and Environments are the Social Norm.
  • 2017 – CHA
  • January 2019 – CHIP (3-year plan)
• My driving question: What moves a community from plan to practice?
Recommendations → Agreements

- High levels of facilitation
- Decision-making criteria
  - High Return on Investment
  - Promote Health Equity
  - S.M.A.R.T. Goals
  - Use Data Effectively
  - Prioritize Upstream
## Commitment to Upstream

<table>
<thead>
<tr>
<th>Intervention</th>
<th>Level</th>
<th>Description</th>
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<tbody>
<tr>
<td><strong>Medical assistant health coach Education</strong> / Camarera Health</td>
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<td>Promotions de Salud / Home Interventions</td>
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<tr>
<td><strong>Parent Nutrition Education (UC CalFresh &amp; Dairy Council &amp; MCDPH &amp; MSUD)</strong></td>
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<td>Promotions de Salud / 5 Series Nutrition Classes</td>
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<td><strong>Rethink food demonstrations, signage, displays / Food For Baby Nutrition</strong></td>
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<td>Promotions de Salud / Promotions Ahead of Childhood Obesity (Coming soon)</td>
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<td><strong>National Diabetes Prevention Program (NDDP) / Diabetes prevention classes / MCDPH</strong></td>
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<td>Age FA programs</td>
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<td><strong>K-12 Nutrition Education (UC CalFresh &amp; Dairy Council &amp; MCDPH &amp; MSUD &amp; Camarera)</strong></td>
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<td>PA Education CATCH Program / UC CalFresh for after School K-12</td>
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<td><strong>Parent DMH Education / Camarera Health</strong></td>
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<td>Health Fairs / Outreach Events DM Education / UC CalFresh Community</td>
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<td><strong>Youth Center Education/Cooking Classes / MCDPH</strong></td>
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<td>Physical Activity Education (CATCH) / UC CalFresh</td>
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<td><strong>Direct Nutrition Education Pre-K-12 and Parents – UC CalFresh</strong></td>
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<td>Cal’s Adult Nutrition &amp; PA Education</td>
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<td><strong>BMI - Family Health Services, Rapid Care, Chiropractic MC</strong></td>
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<td>DM Support Group English / Camarera Health</td>
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<td><strong>Diagnostic Testing / Outpatient Laboratory</strong></td>
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<td>DM Clinical Support Group Spanish / Camarera Health</td>
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<td><strong>Parent/Child Health Education for Du / Camarera Health</strong></td>
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<td>Access to Clinicians / Family Health Services, Rapid care, Chiropractic MC</td>
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<td><strong>Patient DMH Education for Du Camarera Health</strong></td>
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<td>School Nurses at MSUD</td>
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<td>Project Dulce: Diabetes Management Classes / Camarera Health</td>
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<td><strong>Diabetes Management Classes at Madera Community Hospital</strong></td>
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<td>Treatment of advance Disease / Madera Community Hospital</td>
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<tr>
<td><strong>Treatment and Surveillance Access to Medical Specialists Medical Specialty Clinic</strong></td>
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<td>Comprehensive Diabetes Care / Family Health Services, Rapid Care, Chiropractic MC</td>
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**Public Policy**
- **School Meals / Summer Lunch Program**
- **Community Gardens – UC CalFresh / (Senior site, 1 City) – Madera Coalition for Community Justice**
- **Access to Parks, Trails, and Recreational Facilities**
- **Farmers Market**

**Community**
- **School Gardens – UC CalFresh**
- **Social Media Outreach – MCDPH**

**Organizational**
- **Nutrition Education Centers & Family Center / UC CalFresh**
- **SNAP-Ed Partnership Coalition (MCDPH)**

**Interpersonal**
- **Nutrition Education Centers & Family Center / UC CalFresh**
- **Nutrition Education Centers & Family Center / UC CalFresh**

**Individual**
- **Nutrition Education Centers & Family Center / UC CalFresh**
- **Nutrition Education Centers & Family Center / UC CalFresh**

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**Primary Prevention**
- **Rethink your drink food demonstration / MCDPH & UC CalFresh**
- **National Diabetes Prevention Program (NDDP) / Diabetes prevention classes / MCDPH**
- **K-12 Nutrition education (UC CalFresh & Dairy Council & MCDPH & MSUD & Camarera)**

**Secondary Level**
- **BMI - Family Health Services, Rapid Care, Chiropractic MC**
- **Diagnostic Testing / Outpatient Laboratory**
- **Parent/Child Health Education for Du / Camarera Health**

**Tertiary Level**
- **Patient DMH Education for Du Camarera Health**
- **Project Dulce: Diabetes Management Classes / Camarera Health**
- **Diabetes Management Classes at Madera Community Hospital**

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**Live Well Madera County**

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**Live Well Madera County**
Engaging Executive-Level Leaders

- Two Live Well Workgroups
- Added executive-level Steering Committee CHIP Goal:

  “The LWMC Steering Committee will incorporate a Health in All Policies (HiAP) approach to assess internal policies and practices.”
HiAP Organizational Assessments

1. Identify a collection of assessment tools
2. Assemble assessment teams within each organization
3. HiAP training and assessment orientation
4. Complete assessments
5. Use results to identify potential HiAP projects and initiatives in the organization and for the next CHIP

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<th>Spectrum of Health in All Policies</th>
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<tr>
<td><strong>Level</strong></td>
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<td><strong>Public Policy</strong></td>
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What moves a community from plan to practice?

• Don’t make assumptions about your partners
• Build awareness and buy-in through assessment
• Write goals to allow for stages of change
• Sometimes it’s practice before policy
• Sometimes it’s policy before practice

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