How to wear a face mask

- Wash hands or use hand sanitizer.
- Place mask over mouth, nose, and chin.
- Secure mask using ties behind the head or with loops around the ear.
- Adjust mask using only the edge of the mask.
- Pinch the nose piece to fit securely around your nose if it has one.

How to remove a face mask

- Wash hands or use hand sanitizer.
- Do not touch the mask.
- Only touch the ties or ear loops.
- Wash hands or use hand sanitizer.

Face Masks should:

- Fit snugly against the sides of the face.
- Be secured with ties or ear loops.
- Include multiple layers of fabric.
- Allow for breathing without difficulty.
- Single use or properly cleaned.

How to wear a face mask

- Mask must be worn to completely cover mouth and nose.
- Change mask if it becomes dirty or wet.
- Once on, do not touch the mask.