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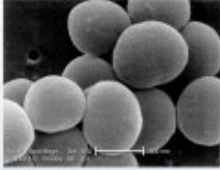
Acceptability of Household Practices to Prevent Boils in Rural Alaska

Supplement 2


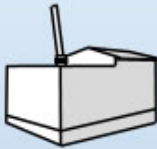

Figure S1: Educational materials supporting boils prevention practices and distribution of household kits in a remote Alaska Native community—Alaska, 2016

How Boils Spread


1. *Staph aureus* (Staph) is a tiny germ too small to see:



2. Staph can be found:

<i>On Healthy Skin</i>	<i>In Steam Baths</i>	<i>In Laundry</i>
		





3. Contact with Staph can lead to a boil (with pus in the skin):



(Images courtesy of CDC/ Matthew J. Arduino, DRPH [*S. aureus*] and CDC/ Bruno Coignard, M.D.; Jeff Hageman, M.H.S. [Boil])

How to Stop Staph in the Household

Efforts by all household members will help reduce the problem of boils but may not stop every boil.

<p>1. Skin Cleanser</p> <ul style="list-style-type: none"> <input type="checkbox"/> All household members over 1 year old can use to cleanse the skin <input type="checkbox"/> Can use instead of shower gel or shampoo for up to 2 weeks 	<p>2. Steam Mat</p> <ul style="list-style-type: none"> <input type="checkbox"/> Sit on the mat to protect from Staph in the hot steam <input type="checkbox"/> Clean with bleach solution and hang to dry each time 
<p>3. Chlorine Bleach</p> <ul style="list-style-type: none"> <input type="checkbox"/> Keep safe and away from children <input type="checkbox"/> For laundry: 1 small capful can be added to wash water for up to 4 wash loads <input type="checkbox"/> For steam baths: 2 small capfuls can be added to 1 gallon of water in a bucket to make cleaning solution 	<p>4. Boils Kit</p> <ul style="list-style-type: none"> <input type="checkbox"/> Use dressings and wipes to keep the boil clean <input type="checkbox"/> 'Hot pack': A warm cloth in a sealed bag pressed on the boil 4 times a day can help it drain 

When to go to the clinic:

- If it's no better in 2 days
- If the pus needs draining
- If you have sickness, fever or spreading redness

Please be sure to read and follow all product instructions

Table S1: Characteristics of households in a remote Alaska Native community that were surveyed before and after distribution of intervention compared to households only surveyed once—Alaska, 2016

Characteristic	Households surveyed both in baseline and follow up surveys (57 households, 342 members)	Households surveyed only once* (21 households† included in follow up survey, 99 members)	p-value comparison
Household size (median, range)	6 (1,14)	5 (1, 9)	0.091
Age of household members			
<5 years	25 (44%)	8 (38%)	0.648
5 to 15 years	41 (72%)	8 (38%)	0.007
16 to 45 years	54 (95%)	10 (48%)	<0.001
46 to 65 years	37 (65%)	5 (24%)	0.001
>65 years	13 (23%)	2 (10%)	0.331
Age of interviewee in years (median, range)	52 (21, 84)	39 (23, 79)	0.064
Interviewee female	38 (67%)	13 (62%)	0.695
Household owns steam bath	36 (63%)	4 (19%)	<0.001
Use of own steam bath per week (median, range)	3 (0,7)	4 (3, 4)	0.483
Use of personal washer for laundry within 2 weeks‡	49 (86%)	12 (57%)	0.012

*80 household intervention packs were distributed, including 65 (92%) households included in the baseline survey and 62 (97%) households in the follow up survey. †57 households were included in both baseline and follow up surveys. ‡Use of a personal washer may include use of a washer in another household.

Table S2: Household practices in a remote Alaska Native community before and after distribution of intervention packs to prevent boils (if all participating households included) —Alaska, 2016

Practice within household	Before intervention (N=71)	After intervention (N=64)	P-value
Use of bleach to clean steam bath ≥once per week (if own steam)	27/40 (68%)	33/41 (80%)	0.182
Use of any seat barrier in steam bath	49 (69%)	56 (88%)*	0.010
Sharing of scrubbers for steam bath†	18 (25%)	12 (19%)	0.401
Use of antiseptic scrub in the steam bath	-	16/64 (25%)	-
Use of ≥1 capful of chlorine bleach in personal laundry	25 (35%) ‡	28 (44%) ‡	0.310
Use of hand sanitizer	21 (30%)	40 (63%)	<0.001

*Including 48 (75%) households who tried newly provided foam seat pad. †After the intervention, 55 (86%) households included members who used the new scrubber. ‡ Including 5 of 11 households without use of a high temperature dryer before the intervention, and 5 of 9 households without use of a high temperature dryer after the intervention.

Table S3: Reasons given for following or not following practices to prevent boils in a remote Alaska Native community (if all participating households included)—Alaska, 2016

Household practice	Reasons given for following practice* (No. responses)	Reasons given for <i>not</i> following practice* (No. responses)
Cleaning steam bath with bleach	<ul style="list-style-type: none"> - Keep the steam bath clean (14) - Disinfect the steam bath (9) - Helps to prevent boils (9) 	<ul style="list-style-type: none"> - Not enough time (4) - Not necessary (3)
Use of a solid mat in steam bath	<ul style="list-style-type: none"> - Comfortable to use (4) - Hygienic (3) - Helps prevent boils (3) 	<ul style="list-style-type: none"> - Not available (7) - Do not like the experience (6) - Tradition or habit of not using (6) - Not necessary (4) - Would increase risk of boils (3) - Uncomfortable to use (3) - Cleaning other mat easier (2) - Not suitable (2)
Use of distributed foam mat in steam bath	<ul style="list-style-type: none"> - Something new to try (32) - Comfortable or liked to use (7) - Recommendation from others (2) - Prevent boils (2) 	<ul style="list-style-type: none"> - Too slippery (14) - Forgot to try it (5) - Uncomfortable when hot (3) - Unnecessary (2) - Not durable enough (2) - Prefer other mats (2)
Use of separate scrubbers	<ul style="list-style-type: none"> - For keeping clean (20) - To avoid cross-contamination (2) - Tradition or habit (2) 	<ul style="list-style-type: none"> - Not available (2) - Shared with close family member (2)
Use of new scrubbers	<ul style="list-style-type: none"> - Replace old scrubber (21) - Scrubber was new (20) - Try something new (3) 	<ul style="list-style-type: none"> - Existing scrubber does not need replacing (11) - Did not find it (3)
Antiseptic skin cleanser	<ul style="list-style-type: none"> - Wanted to try it (7) 	<ul style="list-style-type: none"> - Unfamiliar with product (15) - Forgot to use, or not tried yet (8) - Concern if risk of skin reaction (6) - Unnecessary (7)
Adding chlorine bleach to laundry	<ul style="list-style-type: none"> - Better laundry cleaning (7) - Disinfection of laundry (15) - Tradition or habit (2) 	<ul style="list-style-type: none"> - Discoloration of clothes (4) - Unfamiliarity with practice (3)

*Responses were categorized by reason given and included if ≥ 1 response with a particular reason.